

# MENU for Term 1, 2024

# **Every MONDAY:**

Crispy BBQ chicken wrap with lettuce & carrot, seasonal fruit, homemade baking with a refined-sugar-free peach & raspberry jelly pot.

(vegetarian, dairy free & gluten free options available)

# **Every TUESDAY:**

Creamy Bacon & Pea pasta salad, seasonal fruit, homemade baking & a cheeseymite straw.

(vegetarian & gluten free options available)

## **Every WEDNESDAY:**

Honey Waffles with vanilla greek yoghurt, seasonal fruit, homemade baking with rice crackers & hummus.

(vegetarian)

### **Every THURSDAY:**

Juicy Pork & chive dumplings w soy sauce, seasonal fruit, homemade baking with cheese chunks & raisins.

(vegetarian dumplings available)

### **Every FRIDAY:**

Karaage Chicken & avocado sushi with soy sauce, seasonal fruit, homemade baking & tortilla chips.

(gluten free ingredients, and dairy free with vegetarian option available)

OR

Hot Lunch option available for CMS students (see the website for more details)